

**NORTHWEST MUNICIPAL CONFERENCE**

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www.nwmc-cog.org



*A Regional Association of Illinois  
Municipalities and Townships  
Representing a Population of Over One Million*

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  - Bannockburn
  - Barrington
  - Bartlett
  - Buffalo Grove
  - Carpentersville
  - Cary
  - Crystal Lake
  - Deer Park
  - Deerfield
  - Des Plaines
  - Elk Grove Village
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**Northwest Municipal Conference  
Bicycle and Pedestrian Committee  
Tuesday, December 15, 2015**

**10:30 a.m.  
NWMC Offices  
1600 E. Golf Road, Suite 0700, Des Plaines**

**AGENDA**

- I. Call to Order/ Introductions**
- II. Approval of October 27, 2015 Meeting Minutes (Attachment A)**  
*Action Requested: Approval of Minutes*
- III. Evanston Sheridan Road Improvements**  
Staff [REDACTED] from the City of Evanston will discuss progress on bicycle infrastructure improvements along the Sheridan Road corridor.  
*Action Requested: Informational*
- IV. Ride Illinois Rebranding and Activities (Attachment B)**  
Ed Barsotti from Ride Illinois (formerly League of Illinois Bicyclists) will discuss that organization’s rebranding and initiatives for the upcoming year.  
*Action Requested: Informational/Discussion*
- V. Project Updates**
- VI. Other Business**
- VII. Next Meeting**  
The next meeting of the NWMC Bicycle and Pedestrian Committee will be scheduled for January 19, 2016.  
*Action Requested: Informational*
- VIII. Adjournment**

*Executive Director*  
Mark L. Fowler

**Northwest Municipal Conference  
Bicycle and Pedestrian Committee  
Tuesday, October 27, 2015  
Draft Meeting Minutes  
10:30 a.m.  
NWMC Offices**

**Committee Members Present:**

Trustee A.C. Buehler, Co-Chair, Village of Northbrook  
Mayor Arlene Juracek, Co-Chair, Village of Mount Prospect  
Richard Bascomb, Village of Schaumburg  
Mike Hankey, Village of Hoffman Estates  
Andrew Jennings, Village of Wheeling  
Joe Kenney, Village of Glenview  
Natalie Ossowski, Village of Barrington  
Derek Peebles, City of Des Plaines  
Harry Spila, Village of Palatine  
Chris Stilling, Village of Buffalo Grove

**Others Present:**

Brooke Jones, Village of Wheeling  
Josh Sikick, Alta Planning and Design  
Bruce Sylvester, Village of Niles  
Nancy Wagner, Active Transportation Alliance  
Brian Pigeon, NWMC  
Mike Walczak, NWMC

**I. Call to Order/ Introduction**

Co-Chair Buehler called the meeting to order at 10:34 a.m. and asked those present for introductions.

**II. Approval of September 15, 2015 Minutes**

On a motion by Mr. Peebles, seconded by Mr. Hankey, the committee voted to approve the minutes as presented.

**III. Chicagoland Complete Streets Coalition**

Ms. Wagner gave a presentation describing the efforts of the newly created Chicagoland Complete Streets Coalition, which is funded through a grant from the Cook County Partners in Community Health program and administered by the Active Transportation Alliance. The goal of the coalition is to provide 6 communities with active transportation plans, 8

communities with complete streets policies and share expertise throughout the region. She noted that the coalition would meet again in January of 2016.

**IV. Elgin-O'Hare Bicycle and Pedestrian Committee**

Mr. Sikich discussed the Elgin O'Hare Corridor Bicycle and Pedestrian Plan, an effort funded through the CMAP Local Technical Assistance program, sponsored by the DuPage County DOT. He discussed the study area boundaries, timeline and goals as well as recent developments in federal bike infrastructure guidelines. He noted that an online form for public input would be available until November 20 with the final plan expected to be completed in May or June of 2016.

**V. Project Updates**

Mr. Pigeon noted that the final segment of the Des Plaines River Trail was completed in Lincolnshire. Mr Walczak discussed two updates in Lake County. The first is that the Lake County DOT has begun phase I engineering for a segment of Deerfield Road included in the NWMC Bike Plan and second that they will discuss the building of a bridge over Lake-Cook Road along the Skokie Valley Trail.

Mr. Peebles discuss progress on improvements to a mid-block crossing in downtown Des Plaines.

**VI. Other Business**

Trustee Buehler discussed the Busse Woods Night Ride hosted by the Cook County Forest Preserve and Friends of Cycling in Elk Grove. Mr. Jennings asked if any committee members had experience with sidewalk clearing.

**VII. Next Meeting**

Trustee Buehler noted that the next meeting of the NWMC Bicycle and Pedestrian Committee was scheduled for November 17, 2015.

**VIII. Adjournment**

On a motion by Mayor Juracek, seconded by Mr. Spila, the committee unanimously voted to adjourn.

## Background Info for Motorist-Directed Signage

Ed Barsotti, Ride Illinois, November 18, 2015

What signage is available to alert and educate motorists about sharing the road with bicycles? Is there a preferred sign, which can be recommended for consistent use in Illinois? Ride Illinois has been studying this issue in preparation for collaborations with road agencies and possibly local bicycle clubs.



W11-1 / W16-1  
Share the Road with Bicyclists assembly

### “Share the Road” sign

This sign has long been accepted in the MUTCD, but is subject to different and often mistaken interpretations by motorists and cyclists. It is increasingly falling out of favor – see, for example, news on the elimination of the sign in Delaware: [www.bikede.org/2015/08/29/share-the-road-is-a-problem](http://www.bikede.org/2015/08/29/share-the-road-is-a-problem). Delaware’s change is based in part on a recent [behavioral study](#) comparing Share the Road signs and Bikes May Use Full Lane signs, as well as Shared Lane Markings (aka “Sharrows”).

### “Bikes May Use Full Lane” (BMUFL) sign



Accepted in the MUTCD’s 2009 version, the sign “may be used on roadways where no bicycle lanes or adjacent shoulders usable by bicyclists are present and where travel lanes are too narrow for bicyclists and motor vehicles to operate side by side.” Also, the sign “may be used in locations where it is important to inform road users that bicyclists might occupy the travel lane.”

That behavioral study found BMUFL signs are more easily understood than Share the Road signs.

### Using the full lane – or not?

When does a bicyclist need to use the full lane? When exactly are BMUFL signs appropriate? What width travel lanes are “too narrow for bicyclists and motor vehicles to operate side by side”?

By Illinois law (625 ILCS 5/11-1505), a bicyclist must ride as close as “practicable and safe” to the right-hand curb or edge, with a number of exceptions, *some* of which include:

- *When preparing for a left turn* – a cyclist is likely to be in the left half of the lane.
- *When approaching a place where a right turn is authorized* – cyclists may move closer to center to reduce the likelihood of a right-turning motorist passing them and then cutting them off.
- *Riding at normal traffic speed* – examples include downhills and low-speed areas (e.g. “downtown”)
- *Avoiding parked cars* – dooring from parallel-parked cars, or diagonally-parked cars backing up.

These lead to some of the most logical places for BMUFL signs: steep downhills, roads for which bike and car speeds are close, roads with on-street parking (especially diagonal), through lanes in intersection approaches where bike lanes have been temporarily dropped due to turn lanes. But, another of the “far-right rule” exceptions leads to some questions:

- *“...substandard width lanes that make it unsafe to continue along the right-hand curb or edge. For purposes of this subsection, a ‘substandard width lane’ means a lane that is too narrow for a bicycle ... and a vehicle to travel safely side by side within the lane.”*

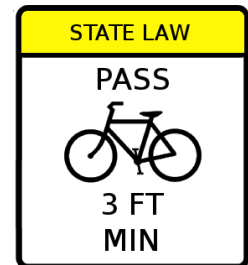
According to the AASHTO Guide for the Development of Bicycle Facilities (2012), page 4-3: “Lane widths that are 14 ft (4.3 m) or greater allow motorists to pass bicyclists without encroaching into the adjacent lane.” Consistent with Illinois law (625 ILCS 5/11-703(d)), AASHTO uses a 3 feet minimum lateral clearance when deriving the 14 ft width threshold of a “substandard width lane”. Thus, BMUFL signs could legally be used for any road having lane widths less than 14 feet (most do).

However, is that best practice? Realistically, a bicyclist usually does not need to ride in the center of a lane if the *only* applicable “far-right rule” exception is substandard lane width. The practical goal of the bicyclist is to discourage a motorist from dangerously “squeezing by” within the same lane, with less than 3 feet of passing clearance. This goal can generally be achieved by riding far enough out into the lane (maybe 18-36”) to force the motorist to move at least partially into the next lane to pass. While it may seem rude to some motorists, it is a matter of safety for cyclists.

We feel that this scenario does not seem ideal for Bikes May Use Full Lane signs. “Full Lane” – often interpreted as the *center* of the lane – might be overkill from a cyclist perspective. Meanwhile, the phrase might increase bewilderment or even resentment among some motorists. Instead, we have explored signs alerting motorists to either the state’s 3-foot passing rule, or the need to change lanes to pass a bicycle.

### 3-Foot Law Signs and MUTCD

There are variations of 3-foot state law signs, in limited use. Two include Cape Coral, FL (left) and California (right). Some may argue Cape Coral’s might be misinterpreted that cyclists should move further right when being passed.



The national MUTCD does not currently have an approved 3-foot law sign having graphics, but the issue is currently being studied for a future version. Among the leading contenders is the California version, approved in that state’s MUTCD. Until that time, word-only signs, such as the wording in the sign at left, may be used in adherence with the national MUTCD.

Even more instructive is the MUTCD’s current stance, seen below from their FAQ webpage [mutcd.fhwa.dot.gov/knowledge/faqs/faq\\_part9.htm#signsq1](http://mutcd.fhwa.dot.gov/knowledge/faqs/faq_part9.htm#signsq1):

**Q: The agency I work for has recently enacted a law that requires the motorist to keep a minimum lateral distance of 3 feet from the bicyclist when overtaking the bicyclist. I have seen this sign used elsewhere, but cannot find the sign in the Manual. Where can I find the standard sign for this situation?**

**A: No standard sign exists. The purpose of highway signing is not to create awareness, which is typically the intent of a sign conveying programmatic rules of the road. Other media—such as radio, television, and newspaper ads; notices on 511 travel information systems; postal mailings; and Web sites—are more appropriate for and conducive to promoting and/or marketing specific programs and new regulations. Special word message signs for the three-foot law should not be installed haphazardly and should be limited to locations where the operation of the two vehicle types is demonstrating a problem or crash history. Thus, installing these signs where say a physically-separated bikeway exists would be counterproductive to achieving the agency’s goal. An example of a special word-only message sign for this application could be a four-line black on white regulatory sign with the legend CHANGE :: LANES :: TO PASS :: BICYCLES.**



## Local examples

Kane County DOT created a motorist-directed sign (at right) in conjunction with a local bike club. It consists of an MUTCD-approved bike/ped warning sign superimposed on Share the Road text. KDOT rotates placement of these signs on popular rural bike routes.

Below, Lake County DOT pairs a motorist-directed Share the Road sign with a cyclist-directed regulatory sign on the riding 2-abreast law, most relevant for club rides.



Highland Park uses the same cyclist-directed signs as Lake County DOT. The City is currently investigating motorist-directed signs.

## Ride Illinois' (current) recommendation for motorist-directed signs

Based on the above, Ride Illinois suggests using “**BIKES MAY USE FULL LANE**” signs in places where cyclists logically would be riding near the center of the lane, including but not limited to: steep downhills, low speed areas such as downtowns, roads with on-street parking (especially diagonal), and through lanes at intersections when bike lanes have been temporarily dropped.

For popular bike routes having travel lane widths 14 feet or more (and not meeting suggested Bikes May Use Full Lane situations), we suggest using the word-only “**STATE LAW – 3 FEET MIN TO PASS BICYCLES**” regulatory sign.

For popular bike routes having travel lane width less than 14 feet (again, not meeting BMUFL situations), we suggest the word-only “**STATE LAW – 3 FEET MIN TO PASS BICYCLES**” or the MUTCD-recommended “**CHANGE LANES TO PASS BICYCLES**” regulatory signs – with a preference for the Change Lanes sign.

These latter two recommendations may change when further behavioral studies have been done comparing the signs, and/or when the MUTCD committee approves new 3-foot minimum signage with graphics.

Our intention is to work with bike clubs and other cyclists to determine such locations having problems with close passing. We would also like to collaborate with clubs and agencies on installation of appropriate signs – both motorist-directed as well as cyclist-directed.

Best of all would be national adoption of the sign at right (just kidding):

